



Neurodiversity Assessment for ADHD – Information pack Best Practice, evidence based and strength based

This information sheet will provide clarification regarding assessments and how they can be helpful in certain circumstances.

Our Neurodiverse Assessment tests for Attention Deficit / Hyperactivity Disorder (ADHD). With this assessment we aim to increase accessibility for formal diagnosis to those who require or would like to explore and understand more about themselves.

The following information will help you to decide if this assessment is right for you.

This assessment is suited for adults (self referral) who suspect they may have ADHD or have been referred by a doctor, such as a General Practitioner (GP).

We can accept clients from the age of 18.

This assessment can be completed via tele-health or in person (which is preferred if possible)

- 1) Intake Assessment if you are a new client or clinical interview (if you are an existing client), 1.5hrs to 2hrs.
- 2) A range of questionnaires will be selected specifically for your case. We will need you and possibly someone close to you to fill the questionnaires to the best of your knowledge and ability. These questionnaires support the clinical observation and findings.
- 3) Feedback session when we will have the opportunity to discuss this process, you will receive the report reflecting our discussion and recommendations (30min to 1hr).

It is important to note that:

While our neurodiversity assessments encompass a range of psychological presentations, the primary focus is on confirming or ruling out ADHD. If additional information is needed for diagnosis, it may entail referring the client to another psychologist for further investigation and assessment.

It's common for pharmacological support in mental health to be provided by psychiatrists or general practitioners. If this is the case, this report can serve as a valuable source of information for them, but they may require additional details from you as well.

A break down of costs and procedure

- A \$350 deposit is required at time of booking or before the first appointment
- You will be sent the selected forms and questionnaire to complete
- Final payment is required before the report is finalised and feedback session is booked.
- After the report is prepared, we will schedule a 30min to 1hr feedback session.
- The results will be relayed to you verbally and you can ask any questions at this session.
- Your Summary Report will be released to you at this session.





What are the Terms and Conditions?

- The total fee is \$1200.00 +GST, equaling \$1320.00, split into a \$350 deposit and the balance of \$970.00 payable before the feedback session.
- Payment plans can be discussed with our psychologist.
- Deposits are non-refundable for cancellations within 48 hours of the session, unless under exceptional circumstances.
- Telehealth sessions will be conducted via video conference, requiring a camera and a private space for the conversation.
- You may be asked if the assessment can be recorded for supervision purposes. The video will be deleted after you receive the report.
- The report will be available approximately 4 weeks after all questionnaires have been completed and returned, and payment is made.
- Unfortunately, there are no Medicare rebates available on psychological assessments, and private health rebates are dependent upon your provider and level of cover.

If you have any further questions, please do not hesitate in contacting us on elilove@vivapsychology.com.au or 0488110201.

Warm regards,

Eliane Predomo Love
Psychologist

